

永質 SMALL PLATES

SWEET, SAVORY, SPICY

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| NEW Crispy Sweet Potatoes + Cauliflower 1 3 | 3.95 |
| Currant, chili garlic sauce, serrano aioli, sesame, cilantro | |
| NEW Avocado Smasher 3 | 4.50 |
| Avocado, mango, cherry tomato, sesame, crispy shallots with yuzu miso and ponzu | |
| Edamame 1 3 | 3.50 |
| Steamed soybeans | |
| Miso Soup 1 | 2.75 |
| Traditional soup with tofu, green onion, nori | |
| Roasted Shishito Peppers | 4.95 |
| Mild Japanese peppers with shiro dashi, lemon, soy, sesame | |
| Pot Stickers | 4.95 |
| Four hand-made dumplings stuffed with pork, cabbage, garlic, ginger, scallions. Served with housemade ponzu sauce. | |
| Brussels Sprouts 1 3 | 5.75 |
| Crisped brussels sprouts tossed in our savory caramel glaze | |
| 7 Pepper Ahi Tuna* 1 | 5.50 |
| 7 pepper Ahi tuna, watercress wasabi vinaigrette | |
| NEW Seaweed Crunch 3 | 3.45 |
| Wakame with traditional dressing | |
| NEW Wasabi Peas 3 | 3.00 |

BIG SALADS

PICK A PROTEIN

| | |
|------------------------|------|
| Natural Chicken Breast | 8.95 |
| Organic Steak | 8.95 |
| Natural Tiger Shrimp | 9.25 |
| Sustainable Salmon | 9.25 |
| Organic Tofu | 8.50 |
| No Protein | 7.25 |

CHOOSE A SALAD

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| Tori Kimidori Salad 2 3 | |
| Mixed greens of romaine, kale and red cabbage tossed with orange supreme, green onions, cranberries, tamari almonds, ginger-carrot dressing | |
| Sarada Salad 1 3 | |
| Mixed greens of romaine, kale and red cabbage tossed with avocado, edamame, ginger scallions, crispy shallot and crispy garlic with yuzu miso dressing | |

ROLLED FRESH THROUGHOUT THE DAY 魚 FRESH SUSHI

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| California Roll 1 | 3.25 |
| Krab, avocado, cucumber, sesame | |
| Spicy Tuna Roll* | 3.25 |
| Tuna, cucumber, sesame, spicy mayo | |
| Spicy Salmon Roll* | 3.25 |
| Salmon, cucumber, sesame, spicy mayo | |
| Tiger Eye Roll* 1 | 3.25 |
| Smoked salmon, avocado, cream cheese, serrano, spicy mayo | |
| NEW Veggie Roll 3 | 3.50 |
| Kanyo (pumpkin), house pickles, avocado, yuzu miso, sesame | |

THE FOLLOWING IS ROLLED TO ORDER, UP TO 10 MIN

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|---|------|
| NEW Shrimp Tempura Roll (6 Piece) | 5.75 |
| Shrimp tempura, avocado, sesame, spicy mayo, orange tobiko | |
| NEW Spider Roll (6 Piece) | 7.95 |
| Soft shell crab, orange tobiko, serrano pepper, cream cheese, green onion, yuzu kosho with our caramel glaze | |
| NEW Rainbow Roll (8 Piece)* | 9.25 |
| Krab, avocado, cucumber, sesame seeds, topped with avocado, salmon, tuna, dressed with spicy mayo and caramel glaze | |
| Hot N Crunchy Roll (8 Piece)* | 8.75 |
| Tempura shrimp, avocado, pickled fuji apple & onion, topped with smoked salmon dressed with spicy mayo and sriracha | |

SUPRAPOKE

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|---|------|
| NEW Twisted Tuna* 1 | 8.50 |
| Sushi grade tuna, mango, cucumber, red cabbage, green onion, brown rice with our watercress wasabi vinaigrette | |
| NEW So Cali 1 2 3 | 6.95 |
| Avocado, marinated broccoli & mushrooms, cucumber, brown rice, crisped sweet potato, cranberry, tamari almonds with our ginger-miso vinaigrette | |
| NEW Salmon Apple Crunch* 1 | 8.50 |
| Marinated salmon, pickled fuji apples & onion, kale, romaine, red cabbage, sushi rice, sesame | |
| NEW Up In Smoke* | 8.95 |
| Cherry wood house smoked salmon, cherry tomatoes, currants, crisped brussels sprouts, sushi rice with pickled fuji apples & onion | |

井 ULTIMATE FAVORITES

No substitutions,
Add a protein to a dish \$2.95

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| Crispy Almond Chicken 2 | 8.25 |
| All natural crispy chicken, broccoli, scallions, red bell peppers, tamari almonds, cilantro with spicy almond soy served over rice | |



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| NEW Salmon + Sweet Potatoes 1 | 9.50 |
| Atlantic salmon, sweet potatoes, cauliflower, red bell pepper, white onion, crispy shallots, cilantro, yellow dragon sauce served over rice | |

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| The Schoolgirl Bowl | 8.25 |
| Marinated natural chicken breast, sautéed with crimini mushrooms, broccoli, red bell pepper, yellow onions, with chili garlic sauce, serrano aioli, and ginger scallions, topped with crispy wontons, sesame seeds, served over rice | |

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| Salt & Pepper Shrimp | 7.95 |
| Natural tiger shrimp, red bell peppers, serrano, scallions, cilantro, lemon zest, Szechuan pepper, sea salt and fried garlic served over rice | |

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| Shishito Steak | 8.95 |
| Organic steak with crimini mushrooms, caramelized onions, shishito pepper finished with teriyaki sauce, topped with crispy shallots, served over rice | |

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| Singapore Noodles 1 | 9.75 |
| Organic steak and natural shrimp tossed with Napa cabbage, carrots, scallions, red bell peppers, tossed with Yellow Dragon sauce, finished with cilantro & lime with bean thread | |

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| The Muscles from Brussels 1 | 8.95 |
| Organic steak & brussels sprouts, carrot, scallions, crispy garlic, cilantro, savory caramel glaze, served with rice | |

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| Peko Chan's Crunch Bowl 1 2 | 8.50 |
| Natural chicken breast, kale, romaine & red cabbage, fuji apple, cranberry, tamari almonds, brown rice tossed in our ginger-miso vinaigrette | |

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|---|-------|
| True Bento Box | 10.95 |
| White chicken teriyaki over rice, tempura shrimp, california roll and side salad with ginger-carrot dressing (Option to sub tofu for chicken) | |



*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions

1 Gluten-Free 2 Contains Nuts 3 Vegetarian Heat Index

日本国

B.Y.O.

BUILD YOUR OWN BOWL

1 PICK A MAIN ITEM

| | REGULAR | DOUBLE |
|-------------------------------|---------|--------|
| Natural Chicken Breast ① | 6.95 | 8.95 |
| Natural Dark Chicken ① | 6.95 | 8.95 |
| Organic Steak ① | 7.50 | 9.75 |
| Natural Tiger Shrimp ① | 7.50 | 9.75 |
| Sustainable Salmon ① | 7.50 | 9.75 |
| Organic Tofu ① ③ | 7.25 | 9.50 |
| Veggies Only ① ③ | 5.95 | 7.95 |
| Add a Vital Farms organic egg | 1.25 | |
| Add Avocado ① ③ | 1.50 | |

2 PICK A VEG MIX

no substitutions

NEW Buddha Mix Red cabbage, carrot, broccoli, yellow onion, edamame

NEW Ninja Mix Red bell pepper, snap peas, water chestnuts, green onion, broccoli

Today's Farm Box Mix (+ \$1.00)

Custom Mix: Choose up to 5 items

Carrot, white onion, green onion, water chestnut, broccoli, red bell pepper, edamame, snap peas, Napa cabbage, mushrooms, red cabbage

3 PICK A SAUCE OR DRESSING

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|----------------------|-----------------------------|
| Teriyaki ③ | Spicy Teriyaki ③ ④ |
| Ginger-Lime ③ ④ | Yellow Dragon ① ③ ④ ⑤ |
| Oyako (broth) ③ | Yuzu Miso Vinaigrette ① ③ ④ |
| Chili-Garlic ① ③ ④ ⑤ | Ginger Miso Vinaigrette ① ③ |
| Caramel Glaze ① ③ | Spicy Almond Soy ② ③ ④ |
| | Spicy Szechuan ④ ⑤ |

4 PICK A BASE

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|---|------------------------------------|
| White Rice ① ③ | Udon Noodles (+ \$.50) ③ |
| Brown Rice ① ③ | Vermicelli Noodles (add \$.50) ① ③ |
| Make it a salad (romaine, red cabbage, kale) (+ \$1.25) ① ③ | |

BUDGET BOWLS



Choose Natural Dark Chicken or Chicken Breast

no substitutions

| | REGULAR | DOUBLE MEAT |
|---|---------|-------------|
| Chicken Teriyaki | 5.70 | 7.50 |
| Chicken, sesame seeds with teriyaki sauce, over rice | | |
| Spicy Chicken | 5.70 | 7.50 |
| Chicken, crispy wontons, green onions with spicy sauce, over rice | | |
| White Chicken & Broccoli | 6.50 | 7.80 |
| Chicken, broccoli, egg with oyako sauce, over rice | | |

LITTLE BUDDHA

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| Chicken, Steak or Tofu with Vegetables | 3.75 |
| With broccoli, edamame and carrots | |

ZEN CATERING TRAYS

1-8: PICK A MAIN ITEM & CHOOSE A MIX

Trays 1-16 Come With 1/2 White & 1/2 Brown Rice

CHICKEN BREAST TRAY 37.00

① Teriyaki & Veggies Buddha Mix + Teriyaki Sauce

② Robot Chicken Soto Mix* + Spicy Sauce

ORGANIC STEAK TRAY 39.50

③ Hibachi Ninja Mix + Teriyaki Sauce

④ Cowboy Bebop Buddha Mix + Spicy Sauce

ORGANIC TOFU TRAY 37.00

⑤ Bodhi Soto Mix* + Spicy Sauce

⑥ Happy Buddha Ninja Mix + Peanut Sauce

SHRIMP TRAY 41.00

⑦ Ginger-Lime Ninja Mix + Ginger-Lime Sauce

⑧ Divine Wave Buddha Mix + Teriyaki Sauce

*Soto Mix includes crimini mushrooms, carrot, white & green onion, red cabbage

ULTIMATE 2

⑨ Crispy Almond Chicken 44.00

⑩ The Schoolgirl Bowl 44.00

⑪ Salt & Pepper Shrimp 42.00

⑫ Shishito Steak 46.00

⑬ Singapore Noodles 51.00

⑭ The Muscles from Brussels 46.00

⑮ Peko Chan's Crunch 46.00

⑯ Salmon + Sweet Potatoes 49.00

⑰ Sushi Maki Platter (40 Pieces) 38.00

Your choice of Spicy Tuna, California, Spicy Salmon, Tiger Eye or Veggie rolls

SIDES

⑱ Pot Stickers (36 Pieces) 41.00

⑲ Brussels Sprouts 47.00

⑳ Edamame 35.00

㉑ Crispy Sweet Potatoes + Cauliflower 30.00

Tea 9.50 per gallon

Razz Hibiscus, Iced Green or Blackberry Jasmine Teas

Maine Root Sodas 9.50 per gallon

Mexicane Cola, Lemon-Lime, Diet Mexicane Cola, Root Beer,

Doppelgänger, Pink Drink

Rice Crispy Treat 2.50

We offer noodles upon request. Delivery available for orders over \$100. A delivery fee and gratuity will be added. We have a TON of other options, if you feel like living dangerously! All in store menu items are available in catering trays. ©2019 Zen Japanese Food Fast

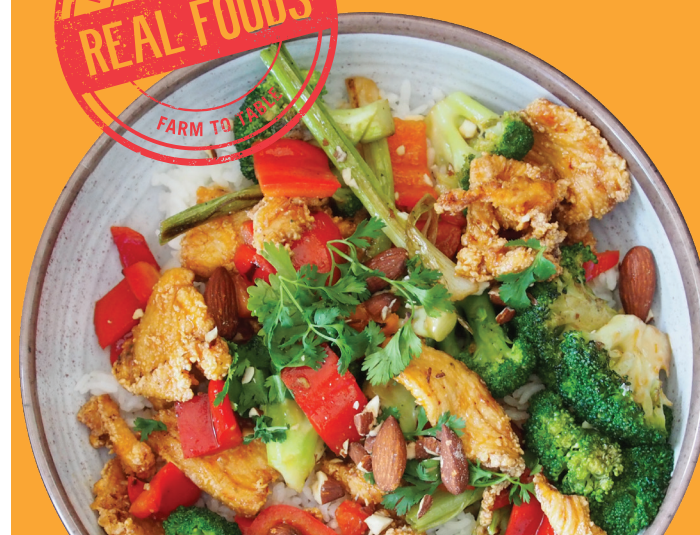
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